

OBSTACLES TO LEAVING AN ABUSIVE RELATIONSHIP

- ❖ FEAR AND TERROR OF THE ABUSER
- ❖ LOW SELF ESTEEM
- ❖ LACK OF MONEY
- ❖ LACK OF SHELTER OR HOUSING
- ❖ BATTERER'S PROMISES TO CHANGE
- ❖ ISOLATION
- ❖ LACK OF FAMILY OR SOCIAL SUPPORT
- ❖ LACK OF ACCESS TO LEGAL COUNSEL
- ❖ HISTORY OF PRIOR INEFFECTIVE LEGAL INTERVENTION
- ❖ DENIAL AND MINIMIZATION BY VICTIM AND OUTSIDERS
- ❖
- ❖ SHAME , EMBARRASSMENT, SELF BLAME, AND GUILT
- ❖ RELIGIOUS BELIEFS
- ❖ WANTING TO KEEP FAMILY TOGETHER
- ❖ PROTECTING THE CHILDREN (BY TAKING THE ABUSE TO SHIELD THEIR CHILDREN)
- ❖ FEAR OF BEING CONSIDERED UNBELIEVABLE OR CRAZY.